



**Sanborn Regional  
High School**

17 Danville Road, Kingston,  
New Hampshire 03848  
(603) 642-3341  
[www.sau17.org](http://www.sau17.org)

SANBORN REGIONAL HIGH SCHOOL

# POINTS OF P.R.I.D.E.

May 21st, 2023

*A newsletter that promotes our core values of:*

***P**ersonalization, **R**isk-Taking, **I**ntegrity, **D**iscovery, and **E**mpowerment*



## **Important Upcoming Dates:**

**Tuesday, May 23rd: MS and HS Chorus  
Concert @6:00pm - Auditorium**

**Monday, May 29th: No School - Memorial  
Day**

**Wednesday, May 31st: Last day of classes  
for seniors!**

**Wednesday, May 31st: Seacoast School of  
Technology Certificate Night - @4:30pm -  
Exeter High School Auditorium**

Please **[CLICK HERE](#)** to view the end of year events calendar.  
The calendar is a live document.

**Graduation Seating is now posted.**  
**[CLICK HERE](#)** to view the seating area.






## A Message from Administration:

Greetings Sanborn,

What a fantastic spring season we have been having here at Sanborn. Spring sports are in full swing, performing arts groups have been busy since the beginning of May with performances, and classrooms are buzzing with activities and academics to wind down the year. We are looking forward to all of the end of year events to celebrate the class of 2023!

Yours Always,

Jennifer Michitson, Dr. Robert Dawson, Nichole O'Brien, Heidi Leavitt, and Timothy Westphal

				
<b>Jennifer Michitson</b> Principal	<b>Dr. Robert Dawson</b> Assistant Principal Athletic Director	<b>Nichole O'Brien</b> Assistant Principal Curriculum	<b>Heidi Leavitt</b> Counseling Director	<b>Timothy Westphal</b> Assistant Principal



## Athletic Update:

This Wednesday, Sanborn will be hosting the NHIAA Div. 3 Track & Field Championships, marking our 10th NHIAA event in three years. If you can help out with the event by holding a measuring tape or raking a long jump pit—*no skill required*—please reach out to Dr. Dawson: [rdawson@sau17.net](mailto:rdawson@sau17.net)

If you have an incoming Freshman, please see [this information](#) about HS Athletics!

## Week of May 22-26:

### Monday, May 22:

Varsity Baseball @ Kingswood, 4:00  
Varsity Softball @ Kingswood, 4:00  
JV BB & SB home v Kingswood, 4:00

### Tuesday, May 23:

Varsity Baseball home v John Stark, 4:00  
Varsity Softball home v John Stark, 4:00

**Senior Day!**

### Wednesday, May 24:

NHIAA Div. 3 Track & Field Championships  
HOME, 4:00

### Thursday, May 25:

JV BB & SB @ John Stark, 4:00

### Friday, May 26:

No games / matches / meets

### Saturday, May 27:

No games / matches / meet

# Club, Organization, and Classroom Happenings

## Cinco de Mayo Celebrations at Sanborn

By: Sarah Bufano

On Friday, May 5th, Sra. Mercedes' room was the place to be! The Cinco de Mayo celebrations began when her Spanish 4 SNHU class learned how to make guacamole with Ms. Mainz. Sra. Mercedes' friend, Sra. Carnerio, later showed the class how to warm tortillas and even brought in some queso fresco to share with the class. Student's in Spanish 4 SNHU had a blast learning how to cook and enjoying popular foods from Spanish speaking countries. The party didn't end there! During FLT 1, members of the Spanish Honor Society and Spanish Club hosted a Cinco de Mayo fiesta! Many students brought in food and decorations, with some even going to FLT the day before to set up decorations! Sra. Carneiro was the guest of honor. There were cookies, cake, rice, chicken, and even enchiladas (provided with a cooking demonstration for the period 4 class). No one left the party hungry! After enjoying the food, party-goers learned how to dance and play Spanish party games.



There were, of course, proper fiesta hats provided by Sra. Mercedes. All of this was to celebrate Cinco de Mayo, which in English translates directly to May 5th. Many think that this is Mexico's independence day, similar to the American 4th of July, but that is not true. On May 5th, 1862, French troops invaded Puebla, Mexico. Mexican soldiers were outnumbered with a 1-4 (Mexican-French) ratio. France sent their soldiers to invade with high tech (at the time) weapons and resources. The residents of Puebla did not have fancy weaponry. They were forced to fight with machetes and other close-range weapons. Though the Mexican troupes, led by General Ignacio Zaragoza, were outnumbered and had little resources, they were able to defeat the French troupes! Considering the fact that Mexico lost most of their later battles, it may seem odd that May 5th is celebrated. The reason for this is because the victory at Puebla inspired Mexican troops to continue their fight for freedom.

Shockingly, Cinco de Mayo is more commonly celebrated in the cities of the United States than in Mexico! As Sra. Mercedes' Spanish 4 SNHU class learned, most people enjoying Cinco de Mayo celebrations in the United States couldn't describe the holiday's relation to United States History. As it turns out, Americans celebrate Cinco de Mayo because it commemorates the Chicano movement, which began in New Mexico and spread throughout the country. After the Mexican-American war ended in 1848, Mexicans who chose to stay in the United States were promised the right to land, property, and continuation of their culture. In most cases, these people felt as though they were living as second class citizens. Rights promised to them were not upheld. This is when the Chicano movement began. Instead of trying to blend in with the current United States residents, they decided to embrace their culture and background. Activist leaders pushed for change in labor rights, education reform, and land reclamation for Mexican-American citizens. By adopting the name "Chicano", they took charge of a previously racial slur used against them. After movement activists felt as though they completed their duties to protect fellow Mexican-American citizens and generations to come, they wanted an event to





commemorate their bravery. Since the battle at Puebla in Puebla, Mexico sparked inspiration for Mexican citizens to fight for independence, members of the Chicano movement felt as though their leadership ignited a new kind of individuality for Mexican-American citizens post-war. Thus, Cinco de Mayo and the Chicano movement had similar morals. Today, United States citizens join in celebrating the bravery of all advocates, especially those who stand up for the importance of independence and equal rights for all.

**Works Cited:** Carrillo, Karen J. "How The Chicano Movement Championed Mexican-American Identity and Fought for Change." HISTORY, 18 Sept. 2020, [www.history.com/news/chicano-movement](http://www.history.com/news/chicano-movement). Accessed 14 May 2023.



**Stay Connected with Your Teen:**

NH Teen Institute presents:

## Staying Connected With Your Teen

**\*FREE\*** 6-part workshop series for parents/caregivers of youth 12-17 y/o

**NEW DATES!**

- Changing Family Relationships
- Solving Problems as a Family
- Communicating with Your Teen
- Raising a Responsible Teen
- Supervising Without Invading

**Thursdays May 4, 11, 18 & 25, June 1 & 8**  
**6:30-8:30pm**  
**at the YMCA in Plaistow**

Scan QR code to sign up!

Visit our website to learn more:  
[nhteeninstitute.org/staying-connected-with-your-teen](http://nhteeninstitute.org/staying-connected-with-your-teen)



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## Support the Sanborn Submariners!

Please let the Sanborn Submariners reach their final goal! The Sanborn human-powered submarine team will be competing at the International Submarine Races beginning on June 24 and looking to raise additional funds for the trip accommodations. If you are an individual or business looking for a unique opportunity to support student learning, please reach out to Jim Enright - [jenright@sau17.net](mailto:jenright@sau17.net). Every bit of support is greatly appreciated. **[CLICK HERE](#)** for more information on how you can help!

## Additional Information and Links

<b><u><a href="#">SRHS Yearbook Information</a></u></b>	<b><u><a href="#">School Counseling Update</a></u></b>	<b><u><a href="#">Student Assistance Program</a></u></b>	<b><u><a href="#">School Nurse Updates for May</a></u></b>	<b><u><a href="#">SoRock Updates for May</a></u></b>
<b><u><a href="#">Special Olympics of New Hampshire</a></u></b>	<b><u><a href="#">PreSchool Lottery Announcement</a></u></b>	<b><u><a href="#">Summer Camp Information</a></u></b>	<b><u><a href="#">Outside Organization and Booster Activities</a></u></b>	<b><u><a href="#">Community Sport Sign Up Information</a></u></b>
<b><u><a href="#">Seacoast School of Technology Information and Events</a></u></b>	<b><u><a href="#">Parenting Support Group</a></u></b>	<b><u><a href="#">Student Job Opportunities</a></u></b>	<b><u><a href="#">Exeter Adult Ed Information</a></u></b>	<b><u><a href="#">PTO Announcements</a></u></b>
<b><u><a href="#">Sanborn Seminary Trustees</a></u></b>	<b><u><a href="#">Monthly Scholarship Newsletter</a></u></b>	<b><u><a href="#">Daily Announcements</a></u></b>	<b><u><a href="#">2022-2023 SRHS Calendar of Events</a></u></b>	<b><u><a href="#">Student Group Fundraising Information</a></u></b>

**[Visit our Website](#)**



# Class of 2023 Senior Spotlights

## Meet Kyra Fox-Dias



**Best Memory:** hanging out at the school dances, making amazing friends throughout the years

**Traits that describe Kyra:** Creative, introverted, friendly

**Favorite Teachers:** Ms. Solomon

**What the staff have to say about Kyra:**

Ms. Solomon: I truly enjoyed having Kyra in Algebra II. Always pleasant and a positive contributor to our class. I wish you all the best in the future. Congratulations on your graduation!

Kyra has an active imagination and I was fortunate to be able to read her creative writing in English. Her writing style showed a maturity and understanding of the world we live in and the way she would like life to work. I can't wait to see her succeed in the real world! (Mrs. Beebe)

J Kelly. KFD has been in my Advisory for two years. Her smile, sense of humor and good attitude brighten my day. Plus she has great style in eyeliner! I will miss you Kyra.

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## Meet Aidan Broyer

**Best Memory:** Field trips to the Boston Aquarium and Whale Watching

**Extracurricular Activities:** Baseball Team

**Accomplishments:** Honor Roll

**Traits that describe Aidan:** Creative and Charismatic

**Favorite Teachers:** Ms. Martin and Mr. Croteau

**What the staff have to say about Aidan:**

Grella: I absolutely loved having Mr. Broyer in my classes, especially Marine Biology. He was so much fun and absolutely never failed to make me laugh and be a good sport. I will miss him tremendously!

